



SACMHA can help you recruit a Personal Assistant or identify an agency to meet your needs. If you wish to recruit your own Personal Assistant we can go through the recruitment process with you to ensure you get the best value for your money.

For your safety and wellbeing SACMHA will help you ensure that your personal assistant has had an enhanced Police check processed through the Disclosure Barring Service

**If you would like more information please give us a call and we will send you a brochure complete with prices or we can visit to discuss your needs.**



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YOUR HEALTH AND WELLBEING

INFORMATION LEAFLET

## The Company

SACMHA has over 30 years experience of delivering specialist services to people in need of assistance with their health and social care needs. This could be because of their age, youth, disability, financial hardship or social disadvantage.

SACMHA acknowledges and supports the role of carers in its service provision.

We continue to develop our range of support services, making community based health and social care more accessible, particularly to those who feel marginalised or who struggle to access mainstream services

We aim to deliver a responsive and culturally sensitive service to all our customers, exercising discretion and confidentiality at all time.

Our services are flexible and responsive to the changing health and social care needs of individuals and communities.

Our services are accessible to both men and women from the age of 18 and covers Yorkshire, Humberside and Nottinghamshire.

**We use volunteers in much of our Service. Please contact us if interested**

## Community Support Service

The community support staff work with our clients to enable them to remain self-sufficient in the community. We have a client centred approach and work with individuals to develop Support Plans to meet their needs. We can, where appropriate advocate for clients liaising and offering representation with outside organisations where needed.



## Acute Advocacy

We provide independent hospital based-mental health advocacy service. Our advocate is actively involved in service development and partnerships in relevant management meetings in these establishments to present patients views. We offer a befriending and hospital to community service to patients admitted to mental health units within Sheffield.

## Voluntary Carers Co-ordinator

The Carers' Co-ordinator identifies and supports carers in accessing appropriate services e.g. respite care, holiday breaks etc. We provide information and advice as needed. This service is not only for those who care for people with mental health needs, we can offer support to carers across all groups and disabilities

## Rampton

On a monthly basis we provide a culturally specific service for patients in Rampton Hospital, keeping them in contact with the cultures in community at large.

## Self Directed Support

This is the time when you have the opportunity to say exactly what you need and to exercise your right to choose from the many options available to meet your care and improve your quality of life.

Having a well considered support plan completed and purchasing from a quality provider will save you time and money and increase the chances of achieving your goals with the help of experienced staff.